NEUROSCIENCE 2026

SfN 2026 · PROFESSIONAL DEVELOPMENT WORKSHOP PDW02

Making the Leap

Using transition awards as a launchpad for advancing your career toward independence

Saturday, November 14 · 12:00–2:00 p.m.
Walter E. Washington Convention Center · Room 207B



Robert Froemke
NYU



Sasha Fulton
Columbia



Justin O'Hare
Univ. of Colorado



Ashlee Van't Veer
NIMH



Arthur Uhimov
Columbia



Viktoriya Zhuravleva
Columbia

SfN Society for Neuroscience

Today at a glance

Agenda

12:00	Welcome + Questions for Audience
12:15	**Panel Introductions + Q&A**
1:45	Personal Timeline & Wrap-Up

Key transition awards

Postdocs: NIH K99/R00

Open now

- ≤ 4 years of postdoc research experience
- Open to US citizens/permanent residents and international postdocs
- Next due dates: Feb 12 and Jun 12, 2027

Postdocs: HHMI Hanna H. Gray

Open now

- ≤ 7 years of postdoc experience, gaps included
- Open to US citizens/permanent residents and international postdocs
- 1-3 papers or preprints as first or corresponding author
- Competition every other year

Grad Students: NIH F99/K00

Open now

- Open to US citizens/permanent residents
- Must have 1-2 years of PhD left at award start (~7 months after submission)
- Due dates: December 8, April 8, August 8

Postdocs: NIH KT1/R00

Oct 2027

- Replaces K99/R00
- Due dates on or after Oct 12, 2027
- Eligibility rules not yet released; may exclude international postdocs

List of more transition awards
Our worksheets + slides

How much do you know about…

- Transition awards available through NIH and other sponsors
- Which awards fit your career stage and eligibility
- Turning long-term goals into a training and mentorship plan
- Planning an application timeline and finding support



Hands down

Little knowledge



Hand halfway up

Somewhat knowledgeable



Hand all the way up

Knowledgeable

Meet the Panelists



Robert Froemke, PhD

Professor, Otolaryngology-Head and Neck Surgery; Skirball Professor of Genetics, Neuroscience; New York University

Reviewer & Mentor



Sasha Fulton, PhD

Postdoctoral Research Scientist, Abdus-Saboor Lab, Zuckerman Institute, Columbia University

Recent Awardee · F99/K00 & HHMI Hanna H. Gray



Justin O'Hare, PhD

Assistant Professor, Department of Pharmacology, University of Colorado Anschutz

Recent Awardee · K99/R00



Ashlee Van't Veer, PhD

Director, Office of Research Training and Career Development, National Institute of Mental Health

Program Director



Arthur Uhimov

Executive Director, Pre-Award and Strategic Research Development, Zuckerman Institute, Columbia University

Support Team · Moderator



Viktoriya Zhuravleva, PhD

Director, Strategic Research Development, Zuckerman Institute, Columbia University

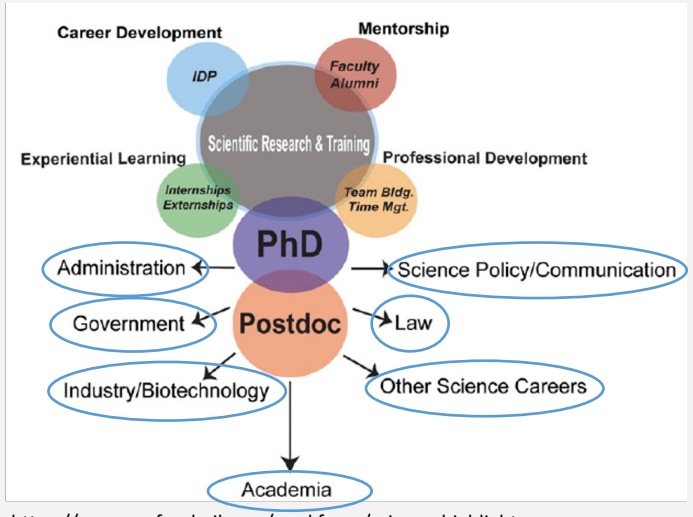
Support Team · Moderator

Worksheets + your questions

Long-term career goals

Where do you want to be 10+ years from now?

What will it take to get there?



https://commonfund.nih.gov/workforce/science-highlights

5-7 min

Quiet time to start

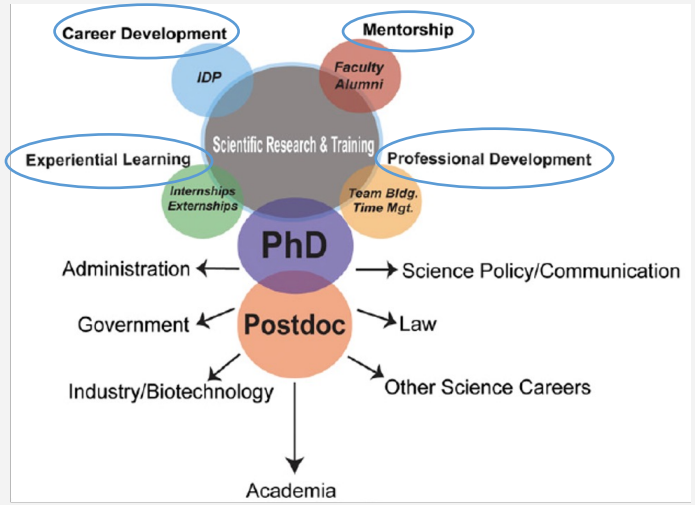
Then

Ask the panel while you work

Fillable PDF Worksheets

Word Document Worksheets

Worksheets + your questions



https://commonfund.nih.gov/workforce/science-highlights

Concrete training plan

Two or three skills you want to build within the next 2-3 years.

Who will teach you?

What other resources can you take advantage of?

Fillable PDF Worksheets

Word Document Worksheets

5-7 min

Quiet time to start

Then

Ask the panel while you work

Who to ask

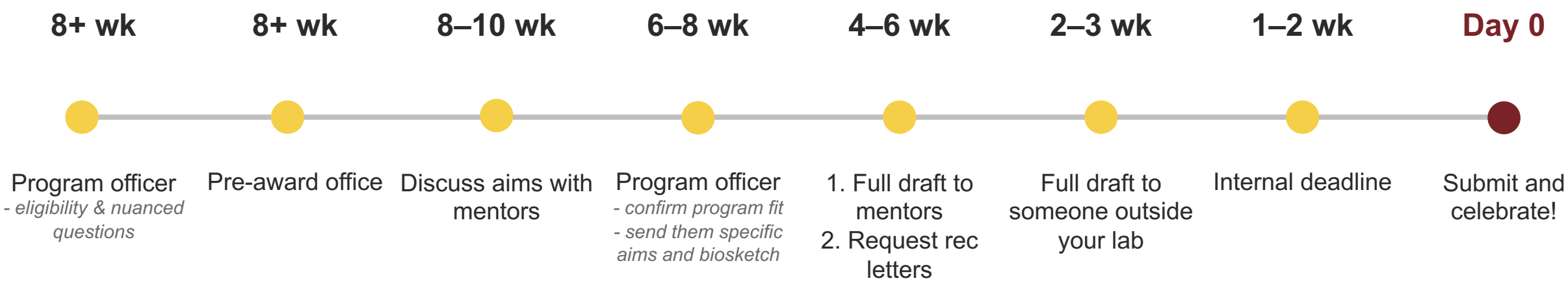
Program officer

- Whether your science fits the institute
- Eligibility questions you cannot answer from the notice
- Contact early, well before you write

Mentor or pre-award team

- Basic administrative questions
- Institutional deadlines and internal review
- Forms, budgets, and submission logistics

Work backward from the deadline



Start at the deadline and work backward

Treat this like a career development milestone, and plan for a resubmission.
Applying teaches you the process (even if you don't get the award), and resubmissions are common!

NEUROSCIENCE
2026

Thank you

Write one next step and a date before you leave.
Please provide feedback using the survey QR code.

Feedback Survey


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